

ande andri

Foreword

I'm delighted that you've chosen an erbsünde sewing pattern.

Since 2013, I've poured my heart and soul into creating patterns for women, men, and children.

No body is shaped the same, and often ready-to-wear clothing doesn't fit perfectly. We want to move away from generic outfits and towards personalized tops, dresses, jackets, coats, and pants that can be made from your preferred fabrics - even in larger sizes and longer lengths. Each pattern can be customized to your liking and offers great versatility with numerous variations.

Our women's sewing patterns take into account the nuances of the female figure, creating visually harmonious silhouettes. Whether you have a large or small bust, generous hips, or a more slender frame, my goal is to enhance women's body confidence. I want to show them that with the right clothing, they can feel beautiful and comfortable in any size, empowering them to embrace their uniqueness and radiate confidence.

With these sewing patterns, you will expand your wardrobe with favorite pieces that make you feel comfortable and accompany you beautifully through your day. The detailed, illustrated instructions will guide you through the entire process, from cutting the fabric to completing the garment step-by-step. Some elements may be new to you, but with the help of the instructions, you can learn and further perfect your sewing hobby.

On my website www.erbsuende.com (under DIY), you will find numerous tutorials and guides for pattern hacks and modifications. If you have any questions, feel free to email me at info@erbsuende.com.

I wish you much joy with your new sewing pattern.

Yours sincerely, Ilka

Imprint

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Baru

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About baru

Baru is a beautifully draping maxi skirt for non-stretch fabrics. The waistband sits at the waist, and the skirt falls in a bell shape with soft pleats. The front and back can be cut on the fold or from two separate pieces - the center seam makes it fall even more beautifully. The pattern includes optional patch pockets. The skirt is 90cm long including the waistband according to the pattern, but can be shortened or lengthened as desired.

Body Measurement Chart

The following table is used for size selection. The measurement of the hip circumference is decisive for choosing the right size, as the waist is automatically adjusted by the elastic band in the waistband.

size EU	32	34	36	38	40	42	44	46	48	50	52	54	56	58
waist	up to													
	75cm	80cm	86cm	90cm	94cm	98cm	102cm	106cm	110cm	114cm	119cm	123cm	126cm	130cm
hips	up to													
	85cm	90cm	93cm	97cm	100cm	105cm	110cm	115cm	120cm	125cm	130cm	135cm	140cm	145cm

Fabric Recommendation

All soft, non-stretch fabrics such as viscose, muslin, satin, viscose linen, flowing cotton fabrics, silk, voile, poplin, etc., are suitable.

Amount of material with a fabric width of 1.45m

size	32	34	36	38	40	42	44	46	48	50	52	54	56	58
fabric lenght	2m	2m	2m	2 m	2m	2,5m								

Seam and hem allowances

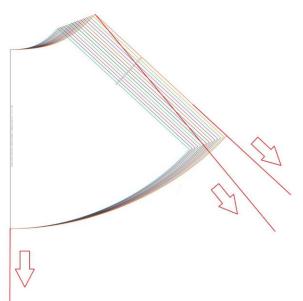
The pattern does not contain any seam and hem allowances, these must be added individually when cutting.

Required Materials

- Fabric (as mentioned above)
- 3cm wide elastic for the waistband
- Tape for assembling the pattern
- Scissors, measuring tape, pins, or clips
- Sewing machine, overlock/coverlock (if available), Iron

Important Notes

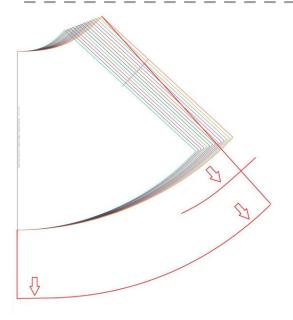
- Before cutting, please read the entire instructions first!
- For proper opening and printing of the pattern, please use the latest Adobe Acrobat. Acrobat Reader
- When adjusting the print settings, make sure to set it to either 100% or "no scaling" to ensure accurate measurements.



Lengthen the skirt

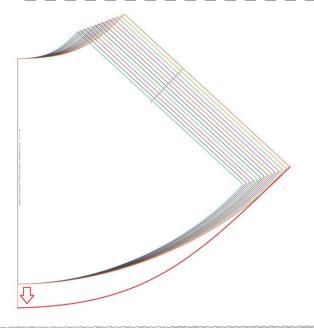
To lengthen the skirt, extend the edges along the indicated size line until you reach the desired length.

If your fabric is not wide enough, you can slightly reduce the outer edge, so the hem of the skirt is not too flared, and it still fits within the width of your fabric.



To maintain the curved hem, place the pattern along the outer edge of the skirt, and continue the hemline straight towards the fold. This will flatten the curve of the hem towards the center.

If you want to shorten the skirt, move the curved hemline upwards by the desired amount.



Fuller Buttocks

If you have pronounced or fuller buttocks, extend the back part of the skirt in the center back by 3-5cm.

This will prevent the skirt from riding up at the back.

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Cutting out the Baru skirt

Fold the fabric with the wrong sides together. Place the pattern piece with the edge "front/back center" on the fold of the fabric. Cut out the pattern piece 2 times on the fold. Finish the raw edges of the pattern pieces (you can use methods like zigzag stitching, serging, or using an overlock machine to prevent fraying).

If your fabric is too narrow to cut the skirt pieces on the fabric fold, you can cut the front and back pieces from two separate fabric pieces. The instructions on how to do this will be described on the next page.



Cut the waistband once on the fabric fold. Finish the raw edge of the waistband pattern piece.

Be sure to transfer any markings, notches, or dart lines from the pattern to the fabric pieces accurately. This will help ensure proper assembly and fitting during the sewing process.



If you want to sew the skirt with patch pockets, cut the pockets once in double fabric layers. This will give you 2 mirror-image pattern pieces for the pockets.

Finish the raw edges.

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If you want to have a seam in the front and back center or if your fabric is too narrow to cut the skirt pieces on the fabric fold, cut the front and back pieces from two separate fabric pieces. Be sure to add a seam allowance along the center edge while cutting since you'll need to join the pattern pieces together!

Finish the raw edges.



Place the first of the four skirt pieces with the right side of the fabric facing up in front of you. Lay the second skirt piece right sides together on top of it and pin the straight edges together.

Sew the seam, and repeat the process with the other two skirt pieces.



This is how your skirt piece looks with the center seam. If you like, you can topstitch the seam.

Now, continue following the instructions as described.

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Sewing baru

First, prepare the pockets to sew them on.

If you want to sew the skirt without pockets, please continue to page 7 for the next steps.



Take the first pocket and place it in front of you with the wrong side of the fabric facing up.

Fold the edge of the pocket opening inward and press it with an iron. Pin it in place and then sew it close to the edge.



This is how your pocket looks now. Repeat the same process with the other pocket.

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Transfer the pocket positions from the pattern onto the front panel of the skirt.



Press the seam allowance of the pocket curve inwards and then align the pocket, at the marked position on the front panel of the skirt.



Stitch the pocket along the outer curve with a narrow seam allowance, and repeat the process with the other pocket. Secure the straight edges (held in place with clips) with a few stitches within the seam allowances.

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If you want to sew the skirt without pockets, you can continue from here.

Place the front skirt with the right side of the fabric facing up in front of you.



Place the back panel of the skirt right side down on top of it, aligning the side edges, and then pin them together.

Proceed to stitch the side seam, ensuring to catch the side edge of the pocket if applicable.

Repeat the same process for the other side.

Now, turn the skirt, so that the right side of the fabric is on the outside.



Now, take the pattern piece for the waistband. Place it right sides together and align the short edges. Pin them together, and then stitch the seam to close the waistband.

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Fold the waistband in half, with the wrong side facing out. The seam should now be on the inside. Use clips or pins to mark the front and back center of the waistband, with the seam indicating the back center.



Now, precisely align the markings on top of each other and identify the quarters of the waistband. Mark these points as well. They should align perfectly with the side seams of the skirt later on.



Now, pick up the skirt again.



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Place the waistband right side out around the top edge of the skirt. Ensure that the markings align perfectly with each other. The seam of the waistband should match the back center of the skirt



Leave an open space of the seam at the back to later insert the elastic into the waistband. Stitch the waistband in place, leaving the opening untouched for now.



Fold the waistband upwards. Now your skirt should look like this.



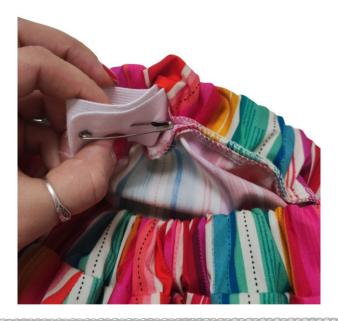
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Measure the desired length of the elastic around your waist. The elastic should fit snugly but not too tight to ensure the skirt stays in place comfortably. Cut the elastic to the appropriate length.



Next, use a safety pin to thread the elastic through the waistband. Attach the safety pin to one end of the elastic and guide it through the opening in the waistband, moving it along until it comes out on the other side.



Once the elastic is threaded through the waistband, overlap the ends of the elastic and stitch them securely together.

Make sure the elastic is evenly distributed inside the waistband

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Once you're satisfied, close the opening in the waistband by sewing it shut, making sure to secure the elastic in place.



Finally, it's time to hem the skirt. Fold the seam allowance of the hem towards the inside and pin it in place. Before pinning, it's a good idea to press the hem to make it easier to handle and sew, especially if it's a curved hem.

Once the hem is securely pinned, stitch it all the way around the skirt. Take your time to sew carefully, ensuring the hem is even and neat. As you have a curved hem, go slowly and adjust the fabric as you sew to maintain a smooth curve.



And that's it! Your skirt is now beautifully hemmed and ready to wear. Enjoy your sewing accomplishment!

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As an addition, you can add two rows of stitching around the waistband to secure the elastic. This not only adds a nice decorative touch but also helps prevent the elastic from twisting or rolling inside the waistband.

To do this, stretch the waistband gently while sewing one or two rows of stitches parallel to each other, about 1 cm apart. Make sure you sew through both layers of the waistband to firmly hold the elastic in place.



This extra step will give your skirt a professional finish and ensure that the elastic stays in position, making it more comfortable and long-lasting. Enjoy your beautifully crafted skirt!

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