

delicia

34 - 56

erbsünde



schnittmuster

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sewing pattern

Foreword

I am very delighted that you have chosen a pattern from erbsünde.

Since 2013, I have poured a lot of heart and soul into creating patterns for women, men, and children. No body is shaped like another and often, store-bought clothing doesn't fit optimally. We want to move away from run-of-the-mill outfits and towards individual tops, dresses, jackets, coats, and pants, that can be made from self-chosen fabrics – even in larger sizes and shorter or longer lengths. Every pattern can be adjusted as desired and is very versatile due to numerous variants.

With this pattern, you enhance your wardrobe with favorite garments that make you feel comfortable and beautiful and accompany you throughout your day.

The detailed, illustrated instructions help you with the making - step-by-step from cutting the fabric to completing the bag. Certainly, there are some things you have not yet tried, but you can also learn with the help of the instructions and further perfect your hobby – sewing.

On my website at www.erbsuende.com (there: DIY), you will find numerous tutorials and instructions for pattern modifications.

If you have any questions, feel free to send me an email at info@erbsuende.com.

I wish you a lot of joy with your new pattern,

Your Ilka

Imprint

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Ilka Matthiessen

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delicia

Table of contents

Cover	
Foreword, Imprint	
Material Sheet: size chart, important notes, fabric etc.	1
Prepare the pattern	2
Cutting the pattern	2 - 3
Sewing the pattern	3 - 7
Round neckline with ribbing	7 - 11
Round neckline with facing	12 - 16
Sewing a Peter Pan collar	16 - 21



About Delicia

Delicia is a flowing and flared dress that can also be sewn as a shortened tunic. The A-line cut is slightly tailored and creates a slender silhouette with its graceful drape below the bust.

The pattern includes two sleeve variations: regular straight-cut sleeves and flared trumpet sleeves.

The neckline of Delicia can be finished with ribbing, a facing, or a Peter Pan collar.

As it can be sewn with any stretchy fabrics, Delicia is a versatile garment suitable for all seasons. Use thicker, warmer fabrics for autumn and winter or opt for lightweight fabrics for the warmer months.

For this pattern, there is an add-on (Add On Delicia 34-56) with a template for a smaller neckline and additional sleeve options. You can find it in the shop on erbsuende.com.

Body Measurement Chart

The following table is for size selection. Please choose the size based on the chest circumference.

Size EU	34	36	38	40	42	44	46	48	50	52	54	56
Chest	up to 90cm	up to 94cm	up to 98cm	up to 102cm	up to 106cm	up to 111cm	up to 116cm	up to 121cm	up to 126cm	up to 131cm	up to 136cm	up to 141cm
Hips	up to 95cm	up to 98cm	up to 102cm	up to 105cm	up to 110cm	up to 115cm	up to 120cm	up to 125cm	up to 130cm	up to 135cm	up to 140cm	up to 145cm

Fabric Recommendation

Stretchy fabrics such as jersey, viscose jersey, sweatshirt knit, lightweight sweatshirt, knit jacquard, etc., are suitable for this pattern.

Required amount of fabric

Size EU	34	36	38	40	42	44	46	48	50	52	54	56
Fabric length tunic	1,5m	1,5m	1,5m	1,7m	1,7m	1,7m	1,7m	1,7m	1,7m	1,8m	1,8m	1,8m
Fabric length dress	1,8m	1,8m	1,8m	1,8m	2m	2m	2m	2m	2m	2,5m	2,5m	2,5m

Seam and hem allowances

The pattern does not contain any seam and hem allowances, these must be added individually when cutting

Required Materials

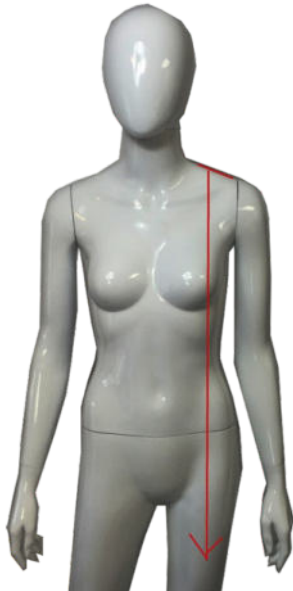
- Fabric (see above)
- Cuff fabric for a neckband
- Iron-on interfacing for reinforcing a Peter Pan collar or facing, e.g., Vlieseline H 180
- Tape for assembling the pattern pieces
- Scissors, measuring tape, pins, or clips
- Sewing machine, overlock/coverlock (if available), iron

Important Notes

- Before cutting, please read the entire instructions first!
- For proper opening and printing of the pattern, please use the latest Adobe Acrobat Reader
- When adjusting the print settings, make sure to set it to either 100% or "no scaling" to ensure accurate measurements.

Legal notices

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Prepare the pattern

The length of Delicia can be individually chosen, and it can be sewn shorter as a shirt, tunic, or top, or longer as a dress. The pattern includes guide lines at intervals of 3 cm, which you can choose according to your preference.

To determine the length, measure from the shoulder down to the desired length.



Afterward, measure the determined length on the pattern and shorten it accordingly.

Choose the hem edge in your size's color to preserve the curve.

When cutting the fabric, remember to include a seam allowance in the desired width.



Cut Delicia

Fold the fabric with the wrong side facing each other (left side to left side).

Place the front pattern piece with the marking "Front Center / Fold line" along the folded edge of the fabric.

Cut the front pattern piece once on the fold. Repeat the process with the back pattern piece.

Please remember to include seam and hem allowances when cutting the fabric.

Be sure to transfer any markings, notches, or dart lines from the pattern to the fabric pieces accurately. This will help ensure proper assembly during the sewing process.



Choose between trumpet sleeves or straight sleeves.

Cut the sleeves once in double fabric layers. You will get 2 mirror-image pattern pieces.

Please remember to add 5-6 cm seam allowance to the sleeve hems if you prefer longer sleeves.



Sew Delicia

Place the front and back pieces with the right sides (beautiful fabric sides) facing each other, aligning the shoulder edges. Pin the shoulder edges together.

Sew the seams using a stretch stitch on your sewing machine or with the overlock machine.



Then, place the dress with the right fabric side facing up horizontally in front of you.

One shoulder seam and arm opening will be facing towards you.

Now, take one sleeve and fold it in half. Mark the center of the sleeve cap with a clip or pin.

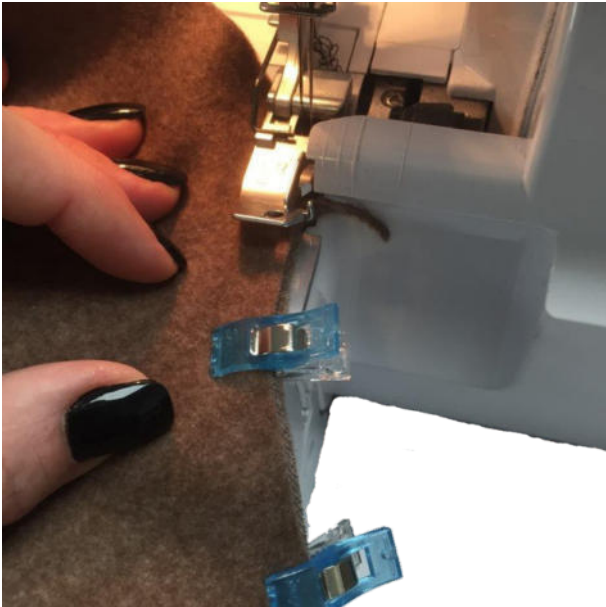


Place the sleeve with the marked spot right side up on the shoulder seam facing towards you, and pin the fabrics together.



Pin the sleeve, starting from the center, right side to right side, into the armhole.





Close the seam with a stretch stitch on your sewing machine or with an overlock, and repeat the process with the other sleeve.



The sewn-in sleeve will look like this.



Now neatly place your Delicia in front of you – the right sides of the fabric should be facing each other, and the wrong sides should be facing outward.



Ensure that the underarm seams align perfectly and pin them together first.



Next, pin the sleeves and side seams together and sew this seam with a stretch stitch on your sewing machine or with an overlock. Start at the sleeve edge and sew the seam continuously down to the hem of the skirt part.

At the underarm seam, feed the fabric evenly under the sewing machine foot and continue sewing the seam down to the hem.

Repeat the same process on the other side.



Turn your Delicia right side out; now the edges of the skirt and sleeves need to be hemmed.



To do this, fold the hem edge inward according to your seam allowance (approximately 2 - 2.5 cm) and pin it in place.



Then, from the right side, you sew the edge with a stretch stitch from your sewing machine or with the coverlock.



Sew the neckline with a cuff

There are various options available for the neckline.

If you want to finish the neckline with a cuff, start by cutting out a neck cuff. To do this, measure the circumference of the neckline and multiply the measured value by 0.8.



If you don't want to use stretchy cuff fabric but less or only slightly stretchy main fabric for the cuff, measure the neckline all around and subtract 5 cm from that value. Cut out a fabric strip that is 5 cm wide and the length you calculated.



Now fold the cuff right sides together and pin the open edges of the short side together.

Then, close the seam with a stretch stitch on your sewing machine or with an overlock to form a ring.





Fold the cuff in half vertically, with the seam on the inside.

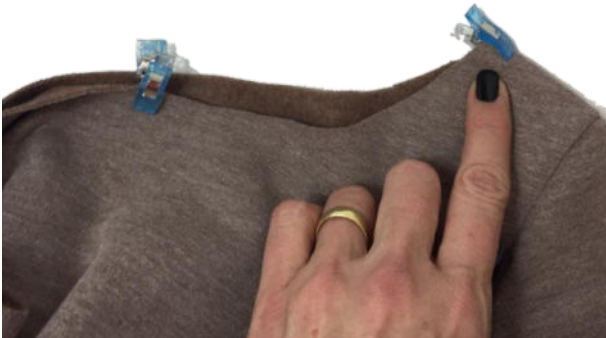
Now, mark the quarters of the cuff ring.



The quarters of the neckline are also marked. Here's how you do it:
First, mark the center of the front and back neckline.



Then, you align the central markings of the front and back neckline, determining the side center. Mark this point with a clip or pin as well.



You have now determined the exact quarters of the neckline. Since the front neckline is larger than the back, the side quarter markings are not on the shoulder seam but slightly forward.



Place the folded cuff around the outside of the neckline. The two open edges of the cuff should align with the edge of the neckline. Now, pin the cuff and neckline together according to the markings.





Then, sew the three layers of fabric – two from the cuff and one from the neckline – together. Stretch the cuff according to the needle/pin markings to ensure it is sewn evenly. Use a stretch stitch on your sewing machine or the overlock for this.

This is how your attached cuff looks.



Fold the cuff up and gently press the edge with the iron to make it lie flat. If needed, you can also topstitch around the seam with a stretch stitch on your sewing machine from the right side.



Important: Test the correct ironing temperature on a scrap piece of your fabric beforehand!

Sew the neckline with a facing



First, finish sewing your Delicia as described above – the neckline is still unfinished.



Cut both facings on the fabric fold.





To prevent the facing from rolling up on the inside later, we will use iron-on interfacing. Place the facings wrong side up on the iron-on interfacing, which means the left side of the fabric on the adhesive dot side of the interfacing. Cut the interfacing to match the facings and iron it on according to the manufacturer's instructions.

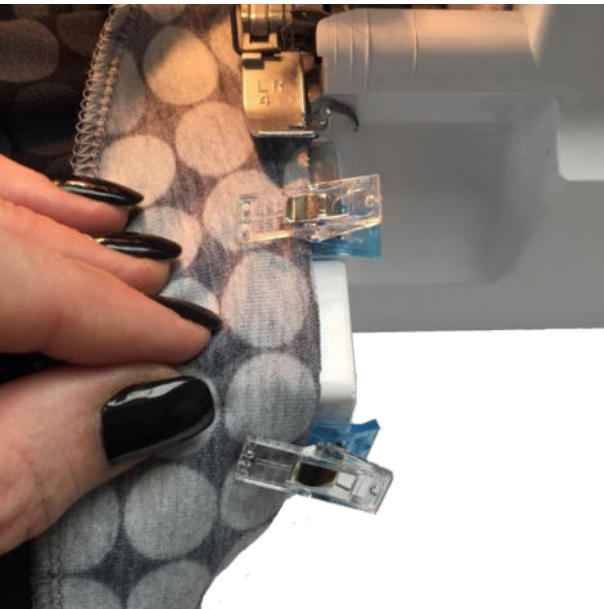
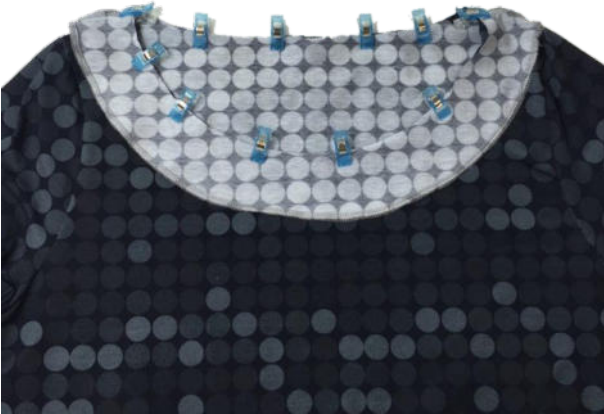


Next, place the front and back facings right sides together, pin the side edges together, and sew them closed with a stretch stitch on your sewing machine or with the overlock.



The facing is now sewn together. Neaten the outer edge all the way around with your sewing machine or overlock to finish it neatly.

Now, place the facing right sides together around the outside of your neckline and pin the neckline and facing together.



Then, sew the edges of both fabrics together with a stretch stitch on your sewing machine or with the overlock. Make sure not to stretch the fabrics while sewing them together!

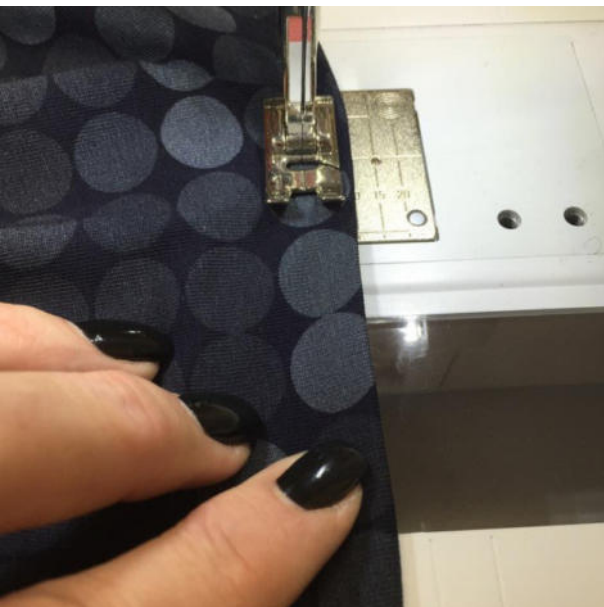
This is how the facing looks now.



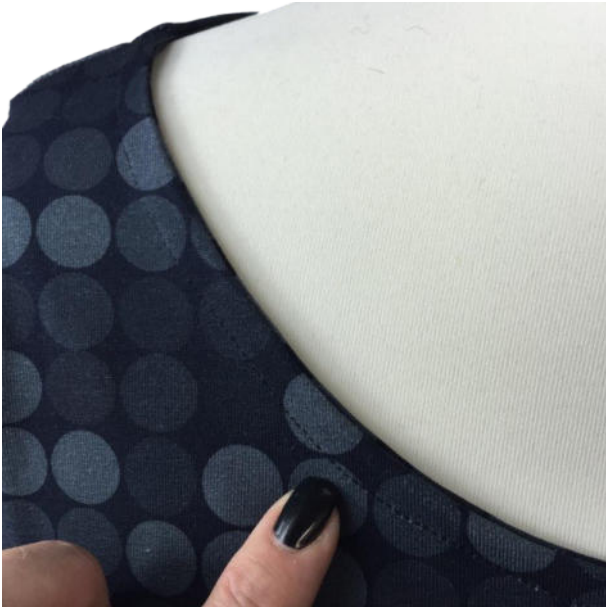
Now fold the facing to the inside.



Carefully press the edge flat. Pay attention to the correct ironing temperature – it's best to test it on a scrap piece of the fabric beforehand.



Finally, topstitch the neckline from the right side by sewing about a foot width away from the edge with a stretch straight stitch on your sewing machine or with the coverlock.



Now you have a nice, clean neckline finish with a facing.



Sew Delicia with a Peter Pan collar

First, complete sewing your Delicia as described above, except for the neckline.

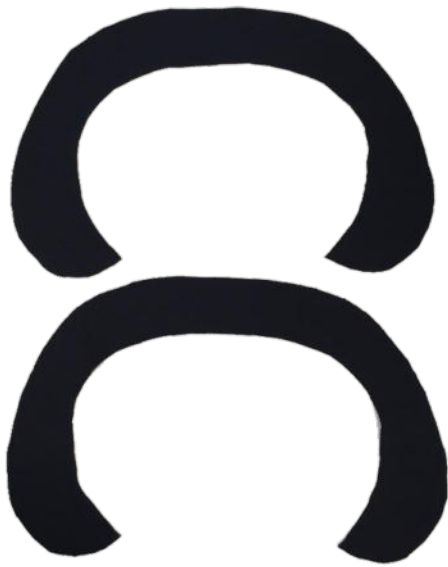


Cut the Peter Pan collar twice on the fabric fold.

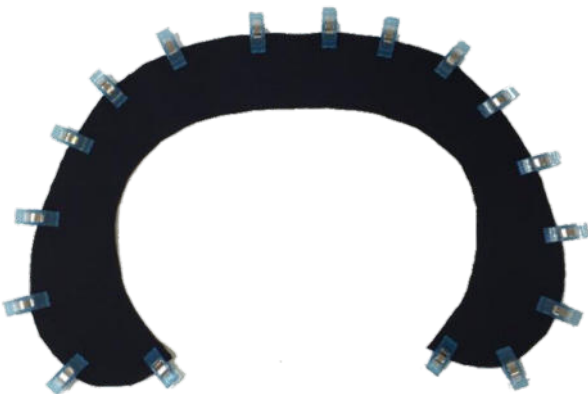


If you have chosen thin fabric for the Peter Pan collar, use interfacing to reinforce it as well. To do this, place one collar piece wrong side up on the interfacing, which means the left side of the fabric on the side with the adhesive dots. Cut the interfacing to match the collar and iron it on.

Leave the other collar piece as it is.



Now, place both collar pieces right sides together and pin them along the outer edge.





Stitch the collar together with a narrow seam allowance.
Then, trim the seam allowance very close to the seam.
Cut very carefully to avoid cutting into the seam



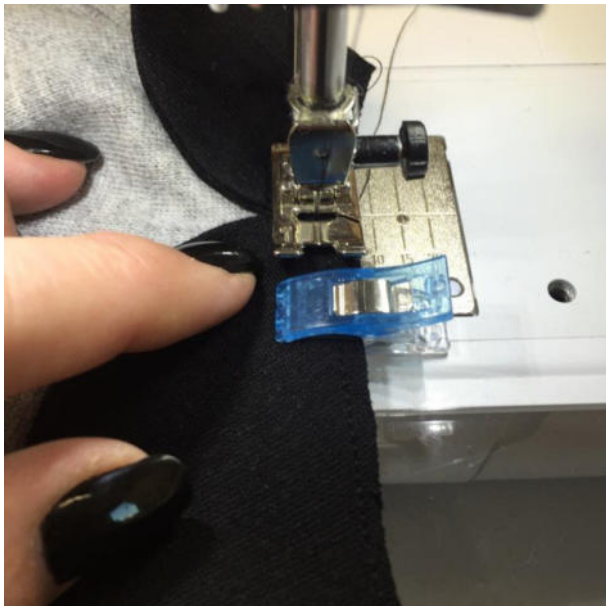
Now, turn the collar to the right side, shape the curves, and carefully press the edges (pay attention to the iron temperature!).



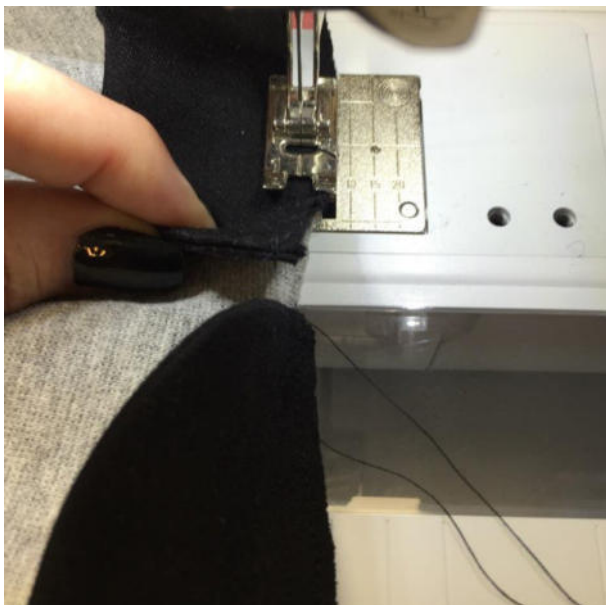
Place your Delicia with the right side facing out in front of you and place the Peter Pan collar around the neckline.



Securely pin the collar evenly around the neckline, ensuring that the front collar ends align perfectly at the center front.



Now, stitch the collar in place with a narrow zigzag stitch on your sewing machine. Start at the front and sew all the way around.



When you reach the end of the collar, make sure to carefully position it so that both collar ends meet precisely. Stitch a bit further, approximately 1 cm beyond the point where you started, to secure the touching collar ends and prevent any distortion.

The Peter Pan collar is now stitched all the way around the neckline.

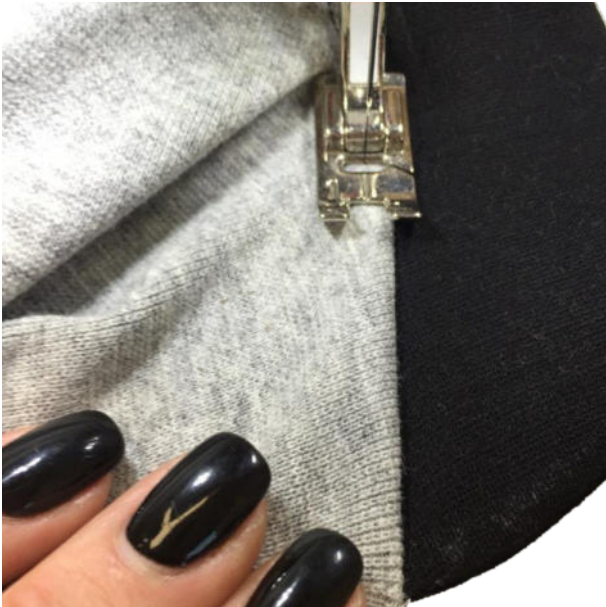


Now, flip the collar up, fold the seam allowance on the inside down, and pin it securely all around from the right side.



On the inside, it looks like this, with the seam allowance folded down and securely pinned.





Now, stitch the seam allowance - all the way around below the folded collar from the right side with a stretch stitch on your sewing machine.

Then, fold the Peter Pan collar back down and gently press the edge with steam.

Your Peter Pan collar is now complete.

