

# manaus

34 - 58

erbsünde



schnittmuster



sewing pattern

## Foreword

I'm delighted that you've chosen an erbsünde sewing pattern.

Since 2013, I've poured my heart and soul into creating patterns for women, men, and children.

No body is shaped the same, and often ready-to-wear clothing doesn't fit perfectly. We want to move away from generic outfits and towards personalized tops, dresses, jackets, coats, and pants that can be made from your preferred fabrics - even in larger sizes and longer lengths. Each pattern can be customized to your liking and offers great versatility with numerous variations.

Our women's sewing patterns take into account the nuances of the female figure, creating visually harmonious silhouettes. Whether you have a large or small bust, generous hips, or a more slender frame, my goal is to enhance women's body confidence. I want to show them that with the right clothing, they can feel beautiful and comfortable in any size, empowering them to embrace their uniqueness and radiate confidence.

With these sewing patterns, you will expand your wardrobe with favorite pieces that make you feel comfortable and accompany you beautifully through your day.

The detailed, illustrated instructions will guide you through the entire process, from cutting the fabric to completing the garment step-by-step. Some elements may be new to you, but with the help of the instructions, you can learn and further perfect your sewing hobby.

On my website [www.erbsuende.com](http://www.erbsuende.com) (under DIY), you will find numerous tutorials and guides for pattern hacks and modifications. If you have any questions, feel free to email me at [info@erbsuende.com](mailto:info@erbsuende.com).

I wish you much joy with your new sewing pattern.

Yours sincerely,  
Ilka

## Imprint

© erbsünde Ilka Matthiessen

Year of Publication: 2023

Author/Creator/Copyright Holder: Ilka Matthiessen

Editing/Proofreading: Ilka Matthiessen

This work, including its parts, is protected by copyright and may not be redistributed. Any use without the author's consent is strictly prohibited and expressly forbidden. This applies especially to (partially) electronic or other reproduction, translation, dissemination, distribution, and public accessibility.

**All rights are reserved by**  
Ilka Matthiessen erbsünde  
Karlsbader Str. 8  
80937 München  
[info@erbsuende.com](mailto:info@erbsuende.com)  
[www.erbsuende.com](http://www.erbsuende.com)



# manaus

## Table of contents

Cover

Foreword, Imprint

Material Sheet: Amount of fabric, required materials, important Notes 1

Cutting the pattern 2 - 3

Sewing the pattern 3 - 13



## About Manaus

Manaus is a casual blouse with a deep V-neckline and dropped shoulders. The neckline and armholes are finished with facings. Manaus is sewn using lightweight cotton fabrics, muslin, and viscose, making it a wonderfully airy top for hot summer days.

## Body Measurement Chart

The following table is for size selection, with the measurement of the chest circumference being crucial for choosing the correct size. If you require more width at the hips than what is provided in your chosen size, you can adjust or flare the pattern from below the bust down to the next or next-to-next size.

Size EU	34	36	38	40	42	44	46	48	50	52	54	56	58
Chest	up to 90cm	up to 94cm	up to 98cm	up to 102cm	up to 106cm	up to 111cm	up to 116cm	up to 121cm	up to 126cm	up to 130cm	up to 135cm	up to 140cm	up to 145cm
Hips	up to 90cm	up to 94cm	up to 98cm	up to 102cm	up to 106cm	up to 111cm	up to 116cm	up to 121cm	up to 126cm	up to 130cm	up to 135cm	up to 140cm	up to 145cm

## Fabric Recommendation

All soft, non-stretchy fabrics such as viscose, linen, muslin, voile, or cotton poplin are suitable for this pattern.

## Required Fabric Amount at a Fabric Width of 1.45m

Size EU	34	36	38	40	42	44	46	48	50	52	54	56	58
Fabric length	1m	1m	1m	1m	1,5m	1,5m	1,5m	1,5m	2m	2m	2m	2m	2m

## Seam and hem allowances

The pattern does not contain any seam and hem allowances, these must be added individually when cutting.

## Required materials

- Fabric (as mentioned above)
- Tape for assembling the pattern
- Scissors, measuring tape, pins, or clips
- Sewing machine, overlock/coverlock (if available), Iron

## Important notes

- Before cutting, please read the entire instructions first!
- For proper opening and printing of the pattern, please use the latest Adobe Acrobat Reader
- When adjusting the print settings, make sure to set it to either 100% or "no scaling" to ensure accurate measurements.

### Legal notices

All rights to this sewing pattern are owned by Ilka Matthiessen, erbsünde. The pattern may be used for private purposes. For commercial use of the pattern, a maximum of up to 20 finished garments may be produced and sold without a license. For commercial production of more than 20 garments, a commercial license must be obtained beforehand at [www.erbsuende.com](http://www.erbsuende.com). Mass production of garments made from this pattern is prohibited. Redistribution, resale, exchange, copying, reproduction, or (partial) publication of this pattern is expressly prohibited, and violations of copyright will result in significant fines. When selling garments made from this pattern, it is required to indicate: "Sewn using a pattern from erbsünde"



### Cutting Manus

Fold the fabric with the wrong side facing each other and place the front pattern piece with the marking "Front Center / Fold" along the fold edge.

Cut the front pattern piece once on the fold. Remember to include seam allowances and any necessary hem allowances as indicated in the pattern.

Please do not finish the edges of the front piece yet, as the shoulder pleats need to be sewn first.



Fold the fabric with the wrong side facing each other and place the back pattern piece with the marking "Back Center / Fold" along the fold edge.

Cut the back pattern piece once on the fold.

Please do not finish the edges of the back piece yet, as the shoulder pleats need to be sewn first.



Cut the front facing and the back facing each once in a single layer of fabric. Finish the raw edges of the pattern pieces.



Cut the armhole facing once in double fabric layers.  
You will get 2 mirror-image pattern pieces.

Finish the raw edges of the pattern pieces.

### **Sew Manaus**

Place the front piece with the right side of the fabric facing up in front of you.



Transfer the markings for the pleats from the pattern onto the front piece of the fabric.

Additionally, mark the pleat locations with pins.





Now, place the markings right sides together, aligning them according to the markings on the pattern. The fold of the pleats should point towards the neckline.



Pin the pleats along the markings.



Repeat the process with the second pleat.

Here's how the pinned pleats look from the right side of the fabric.



Sew the pleats along the markings using a straight stitch on your sewing machine.

By sewing the pleats with a straight stitch, you will permanently secure them in place, giving your Manaus blouse its stylish and structured front design. Once the pleats are sewn, you can remove the pins, and the garment will start to take shape. Make sure to backstitch at the beginning and end of the pleats to secure the stitches and prevent them from unraveling.



Here's how your pleats should look now. Repeat the same process with the pleats on the other side.

Afterward, finish all the edges of the front piece.





Now, take the back piece and also transfer the markings for the pleat from the pattern.



Also, mark the pleats with additional pins.



Again, pin the markings right sides together.





Sew the pleat along the markings using a straight stitch on your sewing machine.

Once the pleat is sewn, you can remove the pins, and the back piece will be ready for the next steps in the sewing process.



Now, create a box pleat with the stitched fabric. The seam should be right in the middle of the pleat, and the stitched fabric should be evenly divided to the right and left.

By creating the box pleat in this way, you'll add a stylish and tailored detail to the back piece of the Manaus blouse



Pin the pleat securely in place.

After pinning the pleat, fix it in place by sewing a few stitches within the seam allowance.

Here's how your back piece looks now.

Now, finish all the edges of the back piece.



Place the back piece with the right side of the fabric facing up in front of you. Place the front piece on top of it, right sides together.

Align the shoulder edges and pin them together.

Sew the shoulder seams to join the front and back pieces together.



Now, align the side edges together and pin them.

Sew the side seams to close the seam. Repeat the same process on the other side.





Turn your blouse to the right side.



Now, take the front facing and the back facing of the neckline.



Place the back facing with the right side facing down on top of the front facing, which has its right side facing up. Align the shoulder edges of both facings and pin them together. Sew the shoulder seams to close the seams.

After attaching the facings at the shoulder seams, fold the facings right sides together around the neckline . Sew along the neckline, attaching the facing to the blouse.



Fold the facing to the inside (wrong side) of the blouse and pin it in place.



Stitch the facing in place.

Using your sewing machine, sew along the edge of the facing, securing it to the blouse. You can use a straight stitch or any other suitable stitch for securing the facing.



Now, take the first armhole facing.



Place the facing pieces right sides together and align the short edges. Pin the short edges together.

Sew the seam to close it.

Repeat the same process with the second armhole facing.

Place the armhole facing right sides together on the outside of the armhole.

Pin the facing in place, aligning the raw edges of the facing with the armhole edges.

Sew the seam to close it, securing the facing to the armhole.



Then, fold the facing to the inside of the armhole and pin it in place.





Topstitch the armhole facing in place, sewing close to the edge.

Repeat the same process with the other armhole facing.



Finally, fold the seam allowance at the bottom edge of the blouse to the inside and hem the blouse.



The box pleat in the back needs to be steamed all the way down to ensure the top falls nicely at the back.



Your blouse is now ready to be worn and showcased with pride! Enjoy wearing your handmade Manaus blouse!