

tulipa

34 - 56

erbsünde



schnittmuster



sewing pattern

Foreword

I am very delighted that you have chosen a pattern from erbsünde.

Since 2013, I have poured a lot of heart and soul into creating patterns for women, men, and children. No body is shaped like another and often, store-bought clothing doesn't fit optimally. We want to move away from run-of-the-mill outfits and towards individual tops, dresses, jackets, coats, and pants, that can be made from self-chosen fabrics – even in larger sizes and shorter or longer lengths. Every pattern can be adjusted as desired and is very versatile due to numerous variants.

With this pattern, you enhance your wardrobe with favorite garments that make you feel comfortable and beautiful and accompany you throughout your day.

The detailed, illustrated instructions help you with the making - step-by-step from cutting the fabric to completing the bag. Certainly, there are some things you have not yet tried, but you can also learn with the help of the instructions and further perfect your hobby – sewing.

On my website at www.erbsuende.com (there: DIY), you will find numerous tutorials and instructions for pattern modifications.

If you have any questions, feel free to send me an email at info@erbsuende.com.

I wish you a lot of joy with your new pattern,

Your Ilka

Imprint

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Ilka Matthiessen

Year of Publication: 2024

Author/Creator/Copyright holder: Ilka Matthiessen

Editing/Proofreading: Ilka Matthiessen



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tulipa

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About Tulipa

Tulipa is a beautiful, feminine dress in the style of the 1950s, featuring a wide-flowing skirt, accentuated neckline, and slim waist. It has short, cap sleeves, a broad waistband, large patch pockets, and an overlapping front skirt. The bodice, with a kimono collar in a wrap-around look, is lined. Tulipa can be sewn with a side zipper or a buttoned front waistband. For a more flexible fit around the waist, the back of the waistband can be smocked, allowing it to give when sitting.

Size Chart

The following table is for selecting the correct size. The waist measurement is crucial for choosing the right size. Note: The dress fits up to a D cup size, as the neckline may otherwise gape open.

Size EU	34	36	38	40	42	44	46	48	50	52	54	56
Bust Circumference	up to 90cm	up to 94cm	up to 98cm	up to 102cm	up to 106cm	up to 111cm	up to 116cm	up to 121cm	up to 126cm	up to 130cm	up to 135cm	up to 140cm
Waist Circumference	up to 72cm	up to 78cm	up to 82cm	up to 86cm	up to 90cm	up to 94cm	up to 98cm	up to 104cm	up to 110cm	up to 116cm	up to 122cm	up to 128cm
Hip Circumference	up to 90cm	up to 93cm	up to 97cm	up to 100cm	up to 105cm	up to 110cm	up to 115cm	up to 120cm	up to 125cm	up to 130cm	up to 135cm	up to 140cm

Fabric Recommendations

Light to medium-weight woven fabrics with some structure, such as cotton, chambray, poplin, wax fabrics, cotton-hemp blends, and similar materials, are suitable for sewing.

Fabric Amount for a Fabric Width of 1.45m

Size EU	34	36	38	40	42	44	46	48	50	52	54	56
Fabric Length	2,5m	2,5m	2,5m	2,5m	2,8m	2,8m	2,8m	3m	3m	3m	3,5m	3,5m

Seam and Hem Allowances

The pattern does not include seam and hem allowances; these need to be added individually when cutting the fabric.

Required Materials

- Fabric (as mentioned above)
- Either an invisible zipper, 20 - 30 cm long,
- or 2 large buttons and 2 snap fasteners
- Optional: Elastic thread for smocking
- Tape for assembling the pattern
- Scissors, measuring tape, pins or clips
- Sewing machine, serger/coverlock (if available), iron

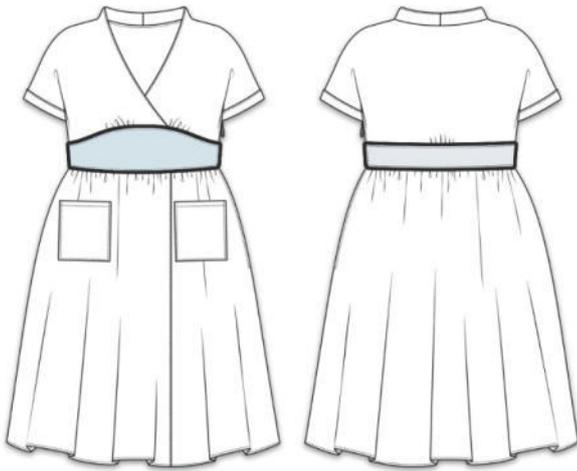
Important Notes

- Before cutting the fabric, please read the entire instructions first!
- To properly open and print the pattern, please use the latest version of Adobe Acrobat Reader.
- When setting up the print, make sure to select either 100% or "no page scaling".

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Variations



Closed dress with a side zipper.
The front waistband is cut on the fold (fold the pattern piece along the front center).
The back waistband is smooth (pattern piece for the back waistband).



Closed dress with a side zipper and a smocked back waistband.
The front waistband is cut on the fold (fold the pattern piece along the front center).
The back waistband is smocked (pattern piece for the smocked back waistband).



Wrap dress with buttons.
The front waistband is cut as per the pattern.
The back waistband is smooth (pattern piece for the back waistband).

Note: The smocked waistband is NOT possible with this variation!

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Cutting Tulipa with Zipper

Fold the fabric wrong sides together. Place the pattern piece for the front on the fabric and cut the front piece once on double fabric layers.

Serge the edges of the cut pieces.



Fold the fabric wrong sides together. Place the pattern piece for the front lining on the fabric and cut the front lining piece once on double fabric layers.

Serge the edges of the cut pieces.



Fold the fabric wrong sides together. Place the pattern piece for the back with the "center back/fold" marking along the fold edge of the fabric. Cut the back piece once on the fold.

Serge the edges of the cut piece.

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Cut the back lining piece once on the fold.

Serge the edges of the cut piece.



Cut the back skirt piece once on the fold.

Serge the edges of the cut piece.



The front skirt piece is cut once on double fabric layers. A hem allowance is needed along the straight edge and the bottom edge, while only a seam allowance is needed on the other edges.

Serge the edges of the cut pieces.

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Fold the pattern piece for the front waistband along the "center front" line. Then cut the front waistband twice on the fold.

Serge the edges of the cut pieces.



Choose the desired variant from the pattern pieces for the back waistband (smocked or smooth). Cut the chosen back waistband piece once on double fabric layers.

Serge the edges of the cut pieces.



The sleeve facing is cut once on double fabric layers.

Serge the edges of the cut pieces.



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The pocket is cut once on double fabric layers. Add a hem allowance to the top edge of the pocket, and only a seam allowance to the other edges.

Serge the edges of the cut pieces.



Sewing Tulipa with Zipper

Take the first front piece and lay it in front of you with the right side of the fabric facing up.



Place the second front piece on top of it, right sides together. Pin the short edges of the collar together.

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Only pin the short straight edges of the collar together. Sew the seam.



Lay your front piece open in front of you with the right side of the fabric facing up.



Slide the two front pieces together so that the back piece fits along the resulting edge. Then position the back piece accordingly.

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Place the front piece right sides together with the back piece. Pin the collar right sides together to the neckline of the back piece.



First, only pin the neckline together from edge to edge.



Sew the seam. Make sure to leave the seam allowances free at the beginning and end of the seam.



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Carefully clip the seam allowance at the corner of the front piece up to the seam.



Repeat the process on the other side. Be sure not to cut into the seam.



Then pin the shoulder edges of the front and back pieces together.

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This is what the pinned corner looks like.



Sew the seam. Repeat the process on the other side.



This is what the connection between the front and back pieces looks like from the right side of the fabric.



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This is what your bodice looks like now, opened up from the right side of the fabric.

This is what your bodice looks like now.



Repeat the entire process with the lining of the bodice.



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Lay the bodice open in front of you with the right side of the fabric facing up.



Place the lining on top, right sides together. Pin the edges of the neckline together and sew the seam.



Then press the seam allowances towards the lining along the neckline edge and topstitch the seam allowances close to the edge on the lining.



Now we move on to the side seams of the bodice.

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To do this, fold the two layers of the outer bodice inward.



Place the two layers of the lining right sides together.



Pin the side edges of the lining right sides together.

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On the side where you want the zipper, only pin the top 4-5 cm together. Sew the seam.



Repeat the process on the other side of the lining. Here, pin the entire side together and sew the seam completely.



Turn the bodice so that the wrong side of the outer fabric is on the outside.

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Fold the lining inward.



On the side with the completely sewn lining, pin the entire side seam of the outer bodice together and sew the seam completely.



On the other side, pin only the upper section of the side edge together and sew this seam.

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Turn your bodice right side out.

This is what your bodice looks like now.



Take the first sleeve facing and lay it in front of you with the right side of the fabric facing up.



Fold the sleeve facing right sides together. Pin the short edges together and sew the seam.

Repeat the process with the other facing.



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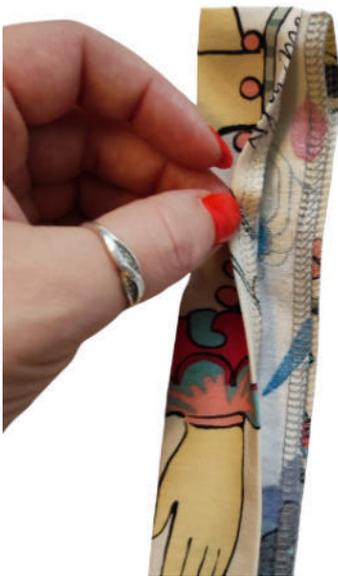
Fold the facing in half lengthwise, wrong sides together, so that the seam is on the inside.



Press the seam allowance inward on ONE edge.



The other seam allowance remains as is and is NOT pressed.

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Now pick up the bodice again.



Pin the edge of the facing, where the seam allowance is NOT pressed, right sides together around the outside of the armhole.



Sew the seam and fold the sleeve facing down.



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This is how the sleeve looks from the wrong side of the fabric. The edge with the pressed seam allowance is still loose.



Pin the facing in the ditch from the right side of the fabric.



Make sure to pin the facing securely on the inside as well.

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Sew the facing all around in the ditch.
This is how the seam looks from the right side of the fabric.



This is how the attached facing looks from the wrong side of the fabric.



Now fold the sleeve facing up.

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Press the folded facing.
Repeat the process on the other side.

This is how your bodice looks now.



Take the first front waistband and place it in front of you with the right side of the fabric facing up.

The smooth waistband will be described first. For the smocked version, go to page 24.



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Then place the first back waistband on top, right sides together.

Pin the short edges on the side where the side seam of the bodice is also closed, and sew the seam.

The other side, where the zipper will be, remains OPEN!

Repeat the process with the INNER waistband. Be sure to sew it mirrored!



From now on, the bodice and lining will be treated as a single layer of fabric.

Pin the overlap of the bodice at the center front.

Then sew both fabric layers together all around within the seam allowance to prevent them from shifting.



Transfer the gathering marks from the pattern to the front piece.

Then sew a gathering stitch with a long straight stitch (maximum stitch length) between the marks within the seam allowance.

NOTE: Do NOT backstitch!

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Then pull on the loose bobbin threads until the fabric is gathered.



Mark the center 10 cm of the back piece for gathering.
Gather this area as described above.



Now take the waistband again.
Transfer the gathering marks from the pattern to the top edge of the waistband.
Gather the areas on the bodice to match the width of the marks on the waistband.

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Pin the outer waistband right sides together around the bottom edge of the bodice.
Start at the curved front edge.



Then pin the waistband right sides together to the bottom edge of the back piece as well.



Sewing Tulipa with a Smocked Waistband

If you want to smock the waistband at the back, follow these steps.
Take the first pattern piece for the smocked back waistband.



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Sew several parallel smocking stitches 1 cm apart along the long edges of the waistband.

To do this, hand-wind elastic thread onto the bobbin. Be careful not to stretch the thread. Use regular sewing thread as the top thread.

Insert the bobbin with the elastic thread and set your machine to a zigzag stitch. Select the maximum stitch length and sew slowly. The fabric will gather automatically.

Repeat this process with the other back waistband.



Take the front waistband and place the smocked back waistband right sides together.

Pin the short edges together and sew the seam. The other side remains open for the zipper.

Repeat this process with the inner waistband. Be sure to make the inner waistband mirrored.



Then pin the waistband with the smocked back piece right sides together around the bottom edge of the bodice.

Proceed in the same manner for both variations (smooth or smocked waistband).

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Pin the inner waistband right sides together from the inside of the bodice. If you are sewing the smocked version, the inner waistband should also be smocked.



You now have four layers of fabric – inner waistband, lining, bodice, and outer waistband.



Now sew the waistband all around the bodice.

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Fold the waistband down.
This is how your bodice looks now. It is now fully prepared.



We now move on to sewing the skirt.
Take the first pocket piece.



Fold the hem allowance at the top edge of the pocket inward and pin it in place.
Hem the pocket and repeat the process with the other pocket.

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This is how your hemmed pocket looks from the right side of the fabric.



Press the seam allowance of the pocket along the other edges inward.



Now take the first front skirt piece and place it in front of you with the right side of the fabric facing up.



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Transfer the pocket placement from the pattern to the front skirt piece.



Pin the pocket to the marked position on the front skirt piece, wrong side of the pocket to right side of the skirt. Be sure to leave the pocket opening at the top OPEN.



Sew the pocket close to the edge and repeat the process with the other front skirt piece.

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Then take the back skirt piece and place it in front of you with the right side of the fabric facing up.



Place the first front skirt piece right sides together on top of it and pin the side edges together.

Make sure to completely close the side seam on the side where the bodice is also closed.

Sew the seam.



On the other side, leave the top 10-15 cm of the side seam open for the zipper.



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Then pin the side edges below the opening together and sew the seam.

This is how your skirt looks now.



Before attaching the bodice and skirt, the skirt needs to be hemmed.

Press the hem allowance along the front edges inward and pin it in place.

If you're unsure about the length of the skirt, you can initially hem only the top 10 cm of the front edges and hem the rest of the skirt after trying it on.

In that case, skip the next steps for now.



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Then press the hem allowance along the bottom edge of the skirt inward.



Then fold the tip of the corner inward by the width of the hem.



Fold the hem of the bottom edge of the skirt up over the corner.

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Pin the hem all around and topstitch it close to the edge.

This is how your hemmed skirt looks now.



The top edge of the skirt will be gathered. To do this, sew along the entire top edge of the skirt within the seam allowance using a long straight stitch (maximum stitch length). The hemmed edges of the skirt will NOT be gathered. Do NOT backstitch the gathering seam!

Gather the skirt to the circumference of the waistband by pulling on the loose bobbin threads of the gathering stitch.



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Now the skirt and bodice will be joined together.



The overlap of the skirt should align in the same direction as the overlap of the bodice.



First, lay the skirt open with the right side of the fabric facing up in front of you.



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Then place the bodice right sides together on the skirt. First, lay the back of the bodice on the back of the skirt.



Pin the bottom edge of the back bodice right sides together to the top edge of the back skirt. The side seams of the bodice and skirt must align exactly. The open edges on the other side must also match up.



Mark the height where the tip of the bodice ends on the bottom edge of the front waistband.

Then fold the first front skirt piece right sides together over the bodice. This should be the skirt piece that comes from the same direction as the topmost part of the bodice.



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Pin the front skirt piece to the bottom edge of the front waistband. The skirt should end exactly at the mark.



Then fold the other front skirt piece over it. The skirt will then lie partially right side to wrong side on the other front skirt piece and overlap by a considerable amount.



Pin the top edge of the skirt securely all around and sew the seam.

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Turn your dress right side out.
This is how your dress looks now.



Now let's move on to sewing in the zipper.



First, finish the raw edges by serging or zigzagging the two fabric layers of the bodice and waistband together.

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Now take the zipper.



First, turn the dress to the wrong side of the fabric.



Open the zipper and pin one side right sides together to the first edge of the side opening.

The zipper should open from top to bottom, meaning the top end of the zipper will be under the arm.

Sew the zipper in place using the zipper foot of your sewing machine.

If you have a special foot for invisible zippers, you can use it, but it's not necessary.

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Then pin the other side of the zipper in place.



Make sure that the seams of the waistband align with the other side of the zipper to avoid any misalignment.

Sew the zipper in place on this side as well.



This is how your sewn-in zipper looks from the right side of the fabric.

The side seam below the zipper may still be slightly open, depending on the length of the chosen zipper.

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Pin the side edges of the skirt pieces below the zipper right sides together. Sew the seam.

You can now sew the ends of the zipper to the seam allowance to secure them.



This is how your sewn-in zipper looks now.



Your dress with the zipper is complete.

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Cutting Tulipa with Buttons

Fold the fabric wrong sides together. Place the pattern piece for the front bodice on the fabric and cut out the front bodice once on the double layer.

Serge the edges of the cut pieces.



Fold the fabric wrong sides together. Place the pattern piece for the back bodice with the "center back/fold" marking along the edge. Cut out the back bodice once on the fold.

Serge the edge of the cut piece.



The sleeve facing is cut once on the double layer of fabric.

Serge the edges of the cut pieces.

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Fold the fabric wrong sides together. Place the pattern piece for the front lining on the fabric and cut out the front lining once on the double layer.

Serge the edges of the cut pieces.



Cut the back lining once on the fold.

Serge the edge of the cut piece.



Cut the front waistband twice on the double layer of fabric. You will have 4 pieces.

Serge the edges of the cut pieces.



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Choose the desired version from the pattern pieces for the back waistband (smocked or smooth).

Cut the chosen back waistband once on the double layer of fabric.

Serge the edges of the cut pieces.



The pocket is cut once on the double layer of fabric. Add a hem allowance to the top edge of the pocket, and only a seam allowance to the other edges.

Serge the edges of the cut pieces.



The front skirt is cut once on the double layer of fabric. Add a hem allowance to the straight edge and the bottom edge, and only a seam allowance to the other edges.

Serge the edges of the cut pieces.



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Cut the back skirt once on the fold.

Serge the edge of the cut piece.

Sewing the Tulipa with Buttons

Sew the outer bodice together as described starting on page 6.



Turn the bodice to the wrong side.
Pin the side edges of the front and back pieces together and sew the seams.



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Both side seams are completely closed in this version.

This is how your bodice looks now.



Then sew the sleeve facings as described starting on page 16.
This is how your bodice with sleeve facings looks now.



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Then take the first back waistband.



Place the first front waistband right sides together with the back waistband.
Pin the short edges together and sew the seam.



Repeat the process with the other front waistband.
This is how your waistband looks now.

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Now the bodice will be sewn to the waistband.



Gather the bodice as described starting on page 22.



Pin the waistband right sides together around the bottom edge of the bodice. Sew the seam.

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Fold the waistband down.
This is how your bodice looks now.



Repeat the process with the lining.
This is how your lining looks now.



Prepare the skirt as described starting on
page 27.

Here, the side seams are completely
closed, unlike in the dress with a zipper.

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Now the bodice and skirt will be joined together.



Lay the gathered top edge of the skirt open with the right side of the fabric facing up in front of you.
The bodice should also be open.



Lay the bodice open right sides together on top of the skirt.
Pin the bottom edge of the bodice to the top edge of the skirt.

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The seam allowance at the waistband must remain free to attach the lining later. The skirt should start just after the seam allowance. Sew the skirt and bodice together.

This is how your dress looks now.



The lining is still missing.



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Now take the lining.



Pull the lining right sides together over the bodice of the dress.
Pin the neckline edges together.



Pin the seam allowances of the outer and inner waistband together. When the waistband is turned, the edge will align exactly with the extension of the skirt hem.
Sew the seam.



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Turn the dress to the right side.



The waistband and the skirt hem form a clean edge.
This is how the dress looks now from the wrong side of the fabric.



This is how the dress looks from the right side of the fabric.

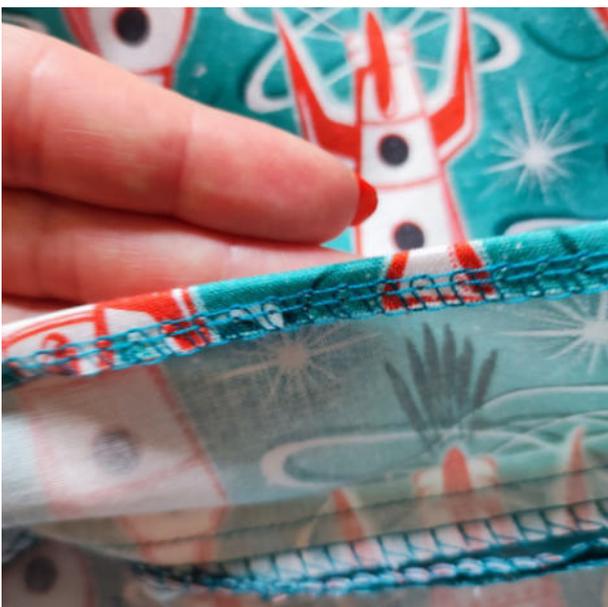
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The bottom edge of the inner waistband is still open.



The seam of the skirt inside will now be covered with the waistband.



To do this, press the seam allowance at the bottom edge of the waistband inward.

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The bottom edge of the waistband lies over the seam of the skirt.



Pin the waistband from the right side of the fabric in the ditch.



Make sure to pin the inner waistband securely as well.

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Pin the waistband securely all around.



Sew the waistband all around in the ditch.



This is how your dress looks now.

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Sew the buttonholes.
It is best to use the automatic buttonhole function on your sewing machine.



Carefully cut open the buttonholes.
It's best to secure the ends with pins to prevent accidentally cutting too far.



Then sew on the buttons.

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The inner overlap will be secured with 2 snap buttons. Sew these by hand inside the waistband.



Your buttoned dress is complete.

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